

**Southeast Minnesota Food Network**  
**A Review of 2007 Summer Features**  
**and a preview of what will be coming in 2008!**

[www.southeastmnfoodnetwork.com](http://www.southeastmnfoodnetwork.com)

Please see our web sight for a full list of our prices, producers and the areas of Southeast Minnesota where they farm.

**We are a limited partnership of 80+ small, diverse family farms in Southeastern Minnesota, where all of our products are grown & harvested. Many of our Farmers are Certified Organic. All of our products are grown by environmentally friendly, sustainable methods.**

**Products Available Year Round:**  
**Hormone and Antibiotic Free Grass Fed Beef**  
**Pastured Pork**  
**Bison & Wild Boar**  
**Free Range Chickens & Eggs**  
**Farmstead Cheeses from Prairie Hollow Farm**

**Specialty Products some available much of the year: Maple Syrup, Wild Rice, Sorghum, Honey, Black Walnuts, Chestnuts, Apple Sauces and Jellies.**  
**Grass Fed Lamb & Goat (Fall)**

**Spring:**

**Radishes**  
**Mixed Baby Leaf Lettuces**  
**Baby Spinach**  
**Rhubarb**  
**Spring Onions**  
**Green Garlic**  
**Asparagus**  
**Dandelion Greens**  
**Nettles**  
**Pickling Cucumbers**

**Ramps/Wild Leeks**  
**Black Walnuts**  
**Baby Beets**  
**Beet Greens**  
**Violet Blossoms**  
**Baby Dill**  
**Wild Spearmint**  
**Chive Blossoms**  
**Morel Mushrooms**

### **Summer:**

**Lettuces** Butter Crunch, Green & Red Grand Rapids, Bibb, Romaine, Magenta Summer Crisp, Oak Leaf

#### **Spinach**

**Carrots** Red, Yellow & Orange

**Beets** mixed colors & sizes

#### **Broccoli**

**Cabbage**, Green & Red

Cabbage Sprouts

**Cauliflower** White, Yellow

Cheddar & Purple Graffiti

**Chard**, White & Rainbow

**Cucumbers** & Sweet

Mediterranean Cucumbers

**Green Beans**, Yellow & Purple

**Eggplant** Purple, Lavender & White

**Onions** Green Onions, Candy

Onions, Red Onions, White

Onions

**Sweet Corn**

**Pac Choy**

**Snap Peas**

**Kohlrabi**

**Potatoes** Red & White, all sizes

**Specialty Potatoes** Salem

white, German Butterball,

Carola, Gold Rush russet,

Colorado Rose, Adirondack Red

Adirondack Blue, Maris Piper, and Durango Red, Yukon's

**Sweet Peppers** Red, White, purple & Green

Red Stuffing Peppers

**Sweet Corn**

**Okra**

**Summer Squashes** Zucchini, Crookneck & Patty Pan

**Pie Pumpkins**

**Tomatillo**

**Tomatoes** Heirloom, Roma

Cherry & Slicing

**Shitake Mushrooms**

**Jalapenos**

**Herbs** Basil, Lovage, Parsley

Dill, Wild Spearmint

**Watermelon** Crimson Sweet & Sugar Baby

**Muskmelons**

**Berries** Chokecherries

Blackberries, Gooseberries,

Black Caps

Raspberries; Red, Gold & Black

Strawberries

**Sour Pie Cherries**

**Red Currents**

**Rhubarb**

**Concord Grapes**

**Plums, Aldermen**

### **Fall & Winter:**

**Apples from Hoch Orchards** Honeycrisp, Haralson, Cortland, Beacon

**Apple Cider from Hoch Orchard & Minnesota's Finest**

**Heirloom Russet Apples from Badgersett Research Farm**

**Chestnuts from Badgersett Research Farm**

**Fall Raspberries**

**Muskmelons**

**Beets**

**Cabbage** Green & Red

**Carrots** Orange and colored

**Cauliflower** White & Purple

**Potatoes** Yukon's, Red & White

**Onions** Candy, Red, White, Condor, Big Daddy, Prince

**Turnips**

**Winter Squashes** Acorn, Butternut, Buttercup, Spaghetti, Sweet Meat

**Pumpkins & Pie Pumpkins**